

Better Hearing and Speech Month

As May is Better Hearing and Speech Month, we ask you and your loved ones to read through these questions and check all that apply:

- Do you have difficulty hearing when someone speaks in a whisper?
- When you are in a group or a crowded restaurant, is it difficult for you to follow the conversation?
- Is communicating on the phone difficult?
- Do you have trouble understanding others in a car?
- Do you have arguments with others about your hearing or something related to something being heard?
- Do you often need to turn up the volume on the TV or when listening to music?
- Do you have tinnitus or ringing in the ears that is bothersome?
- Has someone close to you mentioned you might have a problem with your hearing?

If you checked two or more of the above questions, you might be experiencing hearing loss. We recommend you speak with an audiologist about the benefits of having your hearing tested.



While it is important to be aware of your current state of hearing, protecting your ears from loud activities can prevent future damage called noise-induced hearing loss. Even at low volumes, damage can occur over prolonged exposure. Be conscious of the noise levels you are exposing yourself to, and wear earmuffs or plugs in loud situations.



WHAT DOES HEARING LOSS SOUND LIKE?

For people with hearing loss, speech may sound muffled or distorted, which can make understanding similar sounding words difficult.

Q: Are you here Thursday?

A: Yes, I am very thirsty!

Schedule a hearing evaluation TODAY at Wichita Ear Clinic.



WICHITA EAR CLINIC